

Scholar's Name: _____ Grade: _____

Sacred Heart Elementary School

January 2019



iCater

Please Choose Milk: 1% Skim Chocolate

Due 12/14/18

Please Place an X in box of the meals you wish to order.

Monday	Tuesday	Wednesday	Thursday	Friday
	1 HAPPY	2 NEW YEAR!	3 Lunch –Cheeseburger, Whole Wheat Burger Bun, Mixed Green Salad Milk /Orange <input type="checkbox"/>	4 Lunch –Macaroni and Cheese with Carrots and Whole Wheat Dinner Roll Milk / Apples <input type="checkbox"/>
7 Lunch –Salisbury Steak with Gravy, Mashed Potatoes, Green Beans, Whole Wheat Dinner Roll Milk / Orange <input type="checkbox"/>	8 Lunch – Meat Lasagna, Caesar Salad Whole Wheat Dinner Roll Milk / Cantaloupe <input type="checkbox"/>	9 Lunch - Ranch Chicken Breast Seasoned Carrots, Whole Wheat Dinner Roll Milk / Chilled Peaches <input type="checkbox"/>	10 Lunch –Meatball Subs with Shredded Mozzarella, Whole Wheat Sub Roll, Tossed Salad Milk / Honeydew <input type="checkbox"/>	11 Lunch - Roasted Turkey, Gravy, Cranberry Sauce, Mixed Veg, Whole Wheat Dinner Roll Milk / Orange <input type="checkbox"/>
14 Lunch – Orange Ginger Chicken Stir Fry, Veg “Fried” Brown Rice, Japanese Veg Blend Milk /Apple <input type="checkbox"/>	15 Lunch -Popcorn Chicken with Broccoli Florets and BBQ Dipping Sauce Milk / Chilled Mandarins <input type="checkbox"/>	16 Lunch – Black Bean Chili with Brown Rice and Mixed Green Salad Milk / Chilled Pears <input type="checkbox"/>	17 Lunch – Cheeseburger, Whole Wheat Bun, Mixed Vegetables Milk / Cantaloupe <input type="checkbox"/>	18 Lunch –Beef Bolognese (Meat sauce) over Whole Wheat Pasta with Italian Green Beans Milk / Chilled Peaches <input type="checkbox"/>
21 CLOSED <input type="checkbox"/>	22 Lunch – Cheese Tortellini with Garden Salad and Whole Wheat Dinner Roll Milk / Orange <input type="checkbox"/>	23 Lunch – Taco Beef with Salsa and Cheese with Corn Salad and Brown Rice Milk / Apple <input type="checkbox"/>	24 Lunch –Chicken Nuggets with Green Beans and Sweet and Sour Dipping Sauce Milk / Chilled Mandarins <input type="checkbox"/>	25 Lunch – Roasted Turkey, Gravy, Cranberry Sauce, Mixed Vegetables, Whole Wheat Dinner Roll Milk / Chilled Pears <input type="checkbox"/>
28 Lunch –Crispy Chicken Sandwich, Whole Wheat Burger Bun with American Cheese, Pickle Chips, Mayo, Garden Vegetables Milk / Cantaloupe <input type="checkbox"/>	29 Lunch – Meat Lasagna, Tossed Salad, Whole Wheat Dinner Roll Milk /Chilled Peaches <input type="checkbox"/>	30 Lunch –Sesame Garlic Chicken Stir Fry over Brown Rice with Broccoli Florets Milk / Honey Dew <input type="checkbox"/>	31 Lunch –Cheeseburger, Whole Wheat Burger Bun, Mixed Green Salad Milk /Orange <input type="checkbox"/>	<input type="checkbox"/>

MEALS ARE SUBJECT TO CHANGE

**Before Placing your order, please inform the school if you have a food allergy!*

_____ # Meals/Month x \$3.50 = \$ _____

_____ # KO – 2 Snack Milk Only x .50 = \$ _____

TOTAL = \$ _____

This institution is an Equal Opportunity Employer