

Scholar's Name: _____ Grade: _____

Sacred Heart Elementary School
February 2019

Please Choose Milk: 1% Skim Chocolate Due January 17



iCater

Please Place an X in box of the meals you wish to order.

Monday	Tuesday	Wednesday	Thursday	Friday
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	¹ Lunch –Macaroni and Cheese with Carrots and Whole Wheat Dinner Roll Milk / Apples <input type="checkbox"/>
⁴ Lunch –Salisbury Steak with Gravy, Mashed Potatoes, Green Beans, Whole Wheat Dinner Roll Milk / Orange <input type="checkbox"/>	⁵ Lunch – Meat Lasagna, Caesar Salad Whole Wheat Dinner Roll Milk / Cantaloupe <input type="checkbox"/>	⁶ Lunch- Ranch Chicken Breast Seasoned Carrots, Whole Wheat Dinner Roll Milk / Chilled Peaches <input type="checkbox"/>	⁷ Lunch –Meatball Subs with Shredded Mozzarella, Whole Wheat Sub Roll, Tossed Salad Milk / Honeydew <input type="checkbox"/>	⁸ Lunch- Roasted Turkey, Gravy, Cranberry Sauce, Mixed Veg, Whole Wheat Dinner Roll Milk / Orange <input type="checkbox"/>
¹¹ Lunch – Orange Ginger Chicken Stir Fry, Veg “Fried” Brown Rice, Japanese Veg Blend Milk /Apple <input type="checkbox"/>	¹² Lunch -Popcorn Chicken with Broccoli Florets and BBQ Dipping Sauce Milk / Chilled Mandarins <input type="checkbox"/>	¹³ Lunch – Black Bean Chili with Brown Rice and Mixed Green Salad Milk / Chilled Pears <input type="checkbox"/>	¹⁴ Lunch – Cheeseburger, Whole Wheat Bun, Mixed Vegetables Milk / Cantaloupe <input type="checkbox"/>	¹⁵ Lunch –Beef Bolognese (Meat sauce) over Whole Wheat Pasta with Italian Green Beans Milk / Chilled Peaches <input type="checkbox"/>
¹⁸ VACATION <input type="checkbox"/>	¹⁹ WEEK! <input type="checkbox"/>	²⁰ <input type="checkbox"/>	²¹ <input type="checkbox"/>	²² <input type="checkbox"/>
²⁵ Lunch –Crispy Chicken Sandwich, Whole Wheat Burger Bun with American Cheese, Pickle Chips, Mayo, Garden Vegetables Milk / Cantaloupe <input type="checkbox"/>	²⁶ Lunch – Meat Lasagna, Tossed Salad, Whole Wheat Dinner Roll Milk /Chilled Peaches <input type="checkbox"/>	²⁷ Lunch –Sesame Garlic Chicken Stir Fry over Brown Rice with Broccoli Florets Milk / Honey Dew <input type="checkbox"/>	²⁸ Lunch –Cheeseburger, Whole Wheat Burger Bun, Mixed Green Salad Milk /Orange <input type="checkbox"/>	<input type="checkbox"/>

MEALS ARE SUBJECT TO CHANGE

**Before Placing your order, please inform the school if you have a food allergy!*

This institution is an Equal Opportunity Employer

_____ # Meals/Month x \$3.50 = \$ _____
 _____ # KO – 2 Snack Milk Only x .50 = \$ _____
 TOTAL = \$ _____