

Scholar's Name: _____ Grade: _____

Sacred Heart Elementary School

Please Choose Milk: 1% Skim Chocolate

DUE 10/18

NOVEMBER 2019



iCater

Please Place an X in box of the meals you wish to order.

Monday	Tuesday	Wednesday	Thursday	Friday
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Lunch – Roasted Turkey, Gravy, Cranberry Sauce, Mixed Vegetables, Whole Wheat Dinner Roll 1 Milk / Chilled Pears <input type="checkbox"/>
Lunch –Chicken Broccoli Ziti with Italian Green Beans, Milk / Cantaloupe 4 <input type="checkbox"/>	Lunch – Pancakes, Sausage Links, Tots Milk /Chilled Peaches 5 <input type="checkbox"/>	Lunch –Crispy Chicken Sandwich on WW Burger Bun with Cheese and Garden Veg Milk / Honey Dew 6 <input type="checkbox"/>	Lunch –Cheeseburger, Whole Wheat Burger Bun, Mixed Green Salad Milk /Orange 7 <input type="checkbox"/>	Lunch –Macaroni and Cheese with Carrots and Whole Wheat Dinner Roll Milk / Apples 8 <input type="checkbox"/>
<input type="checkbox"/>	Lunch – Meat Lasagna, Caesar Salad Whole Wheat Dinner Roll Milk / Cantaloupe 12 <input type="checkbox"/>	Lunch- Ranch Chicken Breast, Seasoned Carrots, Whole Wheat Dinner Roll Milk / Chilled Peaches 13 <input type="checkbox"/>	Lunch –Meatball Subs with Shredded Mozzarella, Whole Wheat Sub Roll, Tossed Salad Milk / Honeydew 14 <input type="checkbox"/>	Lunch- Mac and Cheese, Mixed Veg, Whole Wheat Dinner Roll Milk / Orange 15 <input type="checkbox"/>
Lunch – Turkey and Cheese Sandwich on WW Sub Roll with Mixed Veg Milk /Apple 18 <input type="checkbox"/>	Lunch -Popcorn Chicken with Broccoli Florets and BBQ Dipping Sauce, Whole Wheat Dinner Roll Milk / Chilled Mandarins 19 <input type="checkbox"/>	Lunch –Whole Grain Fish Sticks with Roasted Sweet Potatoes, Mixed Green Salad, WW Dinner Roll Milk / Chilled Pears 20 <input type="checkbox"/>	Lunch – Cheeseburger, Whole Wheat Bun, Mixed Vegetables Milk / Cantaloupe 21 <input type="checkbox"/>	22 1/2 day <input type="checkbox"/>
Lunch – Chicken Fajitas with Brown Rice and Beans and Mexican Salad Milk /Oranges 25 <input type="checkbox"/>	Lunch – Cheese Tortellini with Garden Salad and Whole Wheat Dinner Roll Milk / Orange 26 <input type="checkbox"/>	27 <input type="checkbox"/>	28 <input type="checkbox"/>	29 <input type="checkbox"/>

MEALS ARE SUBJECT TO CHANGE

***Before Placing your order, please inform the school if you have a food allergy!**

This institution is an Equal Opportunity Employer

_____ # Meals/Month x \$3.50 = \$ _____

_____ # KO – 2 Snack Milk Only x .50 = \$ _____

TOTAL = \$ _____