

Scholar's Name: \_\_\_\_\_

Grade: \_\_\_\_\_

Sacred Heart Elementary School

Please Choose Milk: 1%  Skim Chocolate

Skim Chocolate

**DUE 9/18**

OCTOBER 2019



iCater

Please Place an X in box of the meals you wish to order.

Monday	Tuesday	Wednesday	Thursday	Friday
Lunch - Chicken Broccoli Ziti with Italian Green Beans, Milk / Cantaloupe <input type="checkbox"/>	Lunch - Cheese Tortellini with Garden Salad and Whole Wheat Dinner Roll Milk / Orange <input type="checkbox"/>	Lunch - Taco Beef with Salsa and Cheese with Corn Salad and Brown Rice Milk / Apple <input type="checkbox"/>	Lunch - Chicken Nuggets with Green Beans and Sweet and Sour Dipping Sauce, WW Dinner Roll Milk / Chilled Mandarins <input type="checkbox"/>	Lunch - Roasted Turkey, Gravy, Cranberry Sauce, Mixed Vegetables, Whole Wheat Dinner Roll Milk / Chilled Pears <input type="checkbox"/>
Lunch - Turkey and Cheese Sandwich on WW Sub Roll with Mixed Veg Milk / Apple <input type="checkbox"/>	Lunch - Meat Lasagna, Caesar Salad Whole Wheat Dinner Roll Milk / Cantaloupe <input type="checkbox"/>	Lunch - Crispy Chicken Sandwich on WW Burger Bun with Cheese and Garden Veg Milk / Honey Dew <input type="checkbox"/>	Lunch - Cheesburger, Whole Wheat Burger Bun, Mixed Green Salad Milk / Orange <input type="checkbox"/>	Lunch - Macaroni and Cheese with Carrots and Whole Wheat Dinner Roll Milk / Apples <input type="checkbox"/>
Lunch - Chicken Fajitas with Brown Rice and Beans and Mexican Salad Milk / Honey Dew Melon <input type="checkbox"/>	Lunch - Popcorn Chicken with Broccoli Florets and BBQ Dipping Sauce, Whole Wheat Dinner Roll Milk / Chilled Mandarins <input type="checkbox"/>	Lunch - Ranch Chicken Breast, Seasoned Carrots, Whole Wheat Dinner Roll Milk / Chilled Peaches <input type="checkbox"/>	Lunch - Meatball Subs with Shredded Mozzarella, Whole Wheat Sub Roll, Tossed Salad Milk / Honeydew <input type="checkbox"/>	Lunch - Mac and Cheese, Mixed Veg Whole Wheat Dinner Roll Milk / Orange <input type="checkbox"/>
Lunch - Chicken Fajitas with Brown Rice and Beans and Mexican Salad Milk / Honey Dew Melon <input type="checkbox"/>	Lunch - Cheese Tortellini with Garden Salad and Whole Wheat Dinner Roll Milk / Orange <input type="checkbox"/>	Lunch - Taco Beef with Salsa and Cheese with Corn Salad and Brown Rice Milk / Apple <input type="checkbox"/>	Lunch - Chicken Nuggets with Green Beans and Sweet and Sour Dipping Sauce, WW Dinner Roll Milk / Chilled Mandarins <input type="checkbox"/>	Lunch - Mac and Cheese, Mixed Veg Whole Wheat Dinner Roll Milk / Orange <input type="checkbox"/>
Lunch - Chicken Fajitas with Brown Rice and Beans and Mexican Salad Milk / Honey Dew Melon <input type="checkbox"/>	Lunch - Cheese Tortellini with Garden Salad and Whole Wheat Dinner Roll Milk / Orange <input type="checkbox"/>	Lunch - Taco Beef with Salsa and Cheese with Corn Salad and Brown Rice Milk / Apple <input type="checkbox"/>	Lunch - Chicken Nuggets with Green Beans and Sweet and Sour Dipping Sauce, WW Dinner Roll Milk / Chilled Mandarins <input type="checkbox"/>	Lunch - Mac and Cheese, Mixed Veg Whole Wheat Dinner Roll Milk / Orange <input type="checkbox"/>

**MEALS ARE SUBJECT TO CHANGE**

**\*Before Placing your order, please inform the school if you have a food allergy!**

This institution is an Equal Opportunity Employer

# Meals/Month x \$3.50 = \$ \_\_\_\_\_

# KO - 2 Snack Milk Only x .50 = \$ \_\_\_\_\_

TOTAL = \$ \_\_\_\_\_